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ARMY COLLEGE OF NURSING JALANDHAR CANTT
WORLD TUBERCULOSIS DAY
ROLE PLAY BY NSS DEPARTMENT

Date: - 24 Mar 2023

Time: - 9:00 AM-1:00 PM

Venue: - K.K Vihar

Audience: - Residents of K.K Vihar

The Role play on World Tuberculosis Day awareness programme was organized by the Department of NATIONAL SERVICE SCHEME & RED RIBBON CLUB at K.K Vihar (Community Area) under the guidance of Mrs. Priya Sharma (Associate Professor) ACN & Mrs. Riya Sharma (Programme Officer) NSS & RRC on the Theme ('yes! We can end TB!') With Bsc (N) IVth Year students.

The Characters of the Role Play were as follows:

Lady 1 (Anupama), Lady 2 (Ekta, Old lady (Dolly kumari), Narrator 1 (Doli Das), Narrator 2 (Ansika), Shopkeeper (Arti), Doctor (Jyoti Kumari), Nurse (Jyoti Dubey), Pharmacist (Megha), Asha Worker 1 (Aditi), Asha Worker 2 (Arpana), TB health education (Madhu), DOTS Therapy (Kajal). The main purpose of the role play was to create awareness regarding Tuberculosis, causes & symptoms of Tuberculosis, types of Tuberculosis, treatment and management of Tuberculosis, prevention of tuberculosis, Adverse reactions to anti- TB drugs, DOTS Therapy, DOTS Regimen, Advantages of DOTS. All students participated enthusiastically in role play. The event was very successful.



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ARMY COLLEGE OF NURSING JALANDHAR CANTT VISIT REPORT

Date: -17May2023

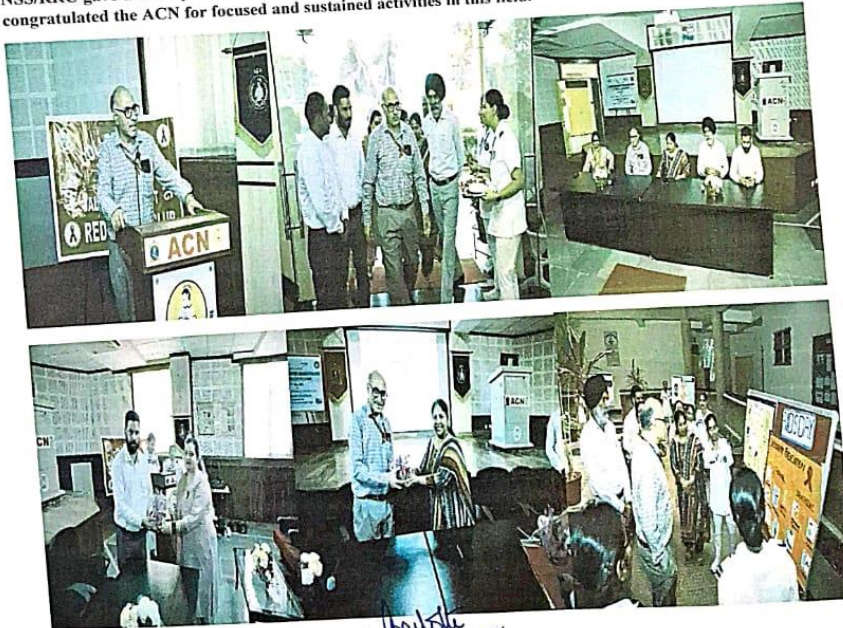
Time: -11:00 AM- 2:00 PM

Venue: - Dhanvantri Seminar Hall

Audience: - Students of BSc (N) 3rd year

National AIDS Control Organisation Team Visited Army College of Nursing, Jalandhar Cantt on 17 May 2023. Deputy Director General, National AIDS Control Organisation, Mr Anoop Puri educated the students regarding Red Ribbon Club Programme. The visit was organised by Punjab State AIDS Control Society in collaboration with Dept. of Youth Services, Jalandhar. The team included Mrs Pavan Rekha Beri, Joint Director, PSACS, Mr Yadwinder Singh, AD (Youth Affairs), PSACS, Mr Jaspal Singh, AD, Professor Charlotte Ranadive, (Officiating Principal) ACN and Col. HS Phagura (Registrar) ACN, felicitated the guests with ornamental plants and the College Tie at Seminar Hall.

Dr Anoop Puri addressed the students and motivated them to continue services and explained about HIV. Ms Rinkey Rajora, a Student of BSc (N) 3rd year gave a short extempore speech on HIV/AIDS to the gathering. On this occasion a poster exhibition was also organized by the volunteers. Mrs Riya Sharma, (Programme Officer), NSS/RRC gave a brief presentation on Red Ribbon Club Activities to the team members. At the end the team congratulated the ACN for focused and sustained activities in this field.



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ARMY COLLEGE OF NURSING JALANDHAR CANTT BLOOD DONATION CAMP

Date: - 14 June 2023

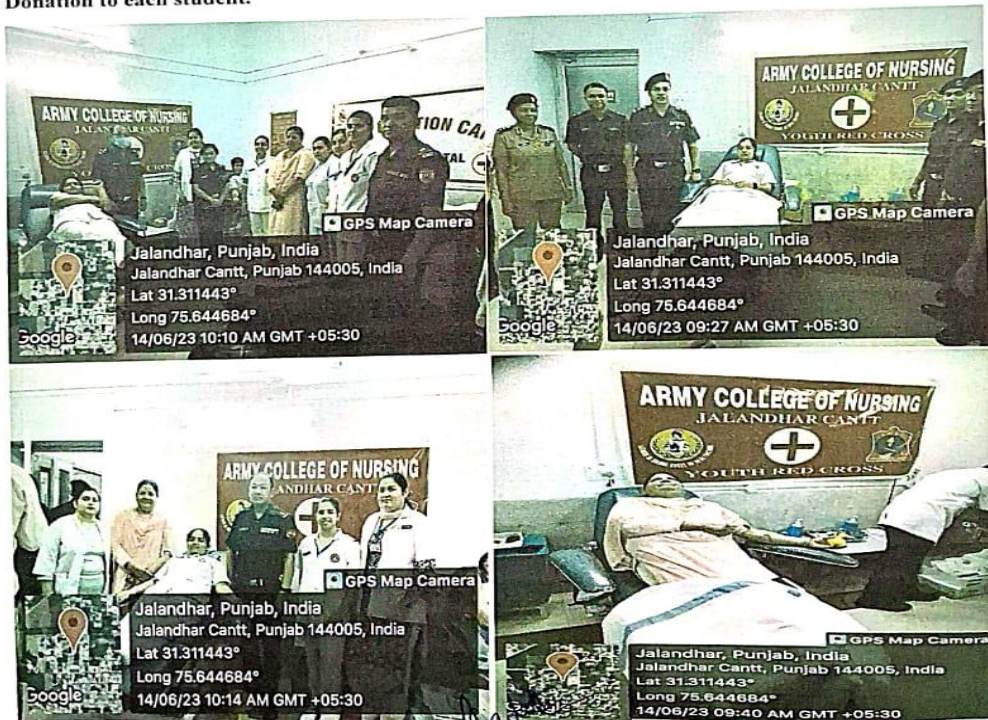
Time: - 8:30-11:00 AM

Venue: - MH, Jalandhar Cantt

Audience: - Volunteers

Blood Donation Camp was organized by Military Hospital, Jalandhar Cantt in collaboration with Youth Red Cross unit and Red Ribbon Club on 14 June 2023. The blood donation camp started at 8:30AM overwhelmed with great passion and social affinity brave young generation donated their valuable blood with much enthusiasm. The Camp aimed at collecting blood to help people survive surgeries, injuries, chronic illnesses and various other forms of treatment.

Total 06 students from BSc (N) Semester 1 along with Health Incharge (Mrs Lakhwinder Kaur) donated blood. Program Officer (Mrs Riya), Red Cross Unit Incharge (Miss Amanjeet Kaur) also accompanied them for blood donation camp. The camp ended by 11:00 AM. Eatables were served post Blood Donation to each student.



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ARMY COLLEGE OF NURSING JALANDHAR CANTT ORGAN DONATION DAY

Date: - 12 Aug 2023

Venue: - Military Hospital, Jalandhar Cantt

Time: - 10:00-11:30 AM

The World Organ Donation Day is celebrated on 13 August every year to spread awareness about the importance of organ donation and debunk myths related to donating organs. Army college of Nursing celebrated Organ Donation Day in collaboration with MH, JRC on 12 Aug 2023 with great zeal and enthusiasm to promote everyone to donate organs. The event was marked by the beginning with the theme unfolding. Theme for the World Organ Donation Day 2023 was "Donate Organs, Save Lives"

A skit was performed by the students of BSc (N) IIIrd year and Sem-II to raise awareness about the importance of organ donation and bust myths around it among the general public. The organ donation is quite similar to giving someone another chance of life. Brig. Prasad R Lele (Commandant MH, JRC) emphasized that anyone can volunteer to donate organs irrespective of their age, caste and religion. It is like the ray of hope to helpless people. After that, everyone took pledge to donate organs & tissues after death.



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ARMY COLLEGE OF NURSING JALANDHAR CANTT SWACHHTA ABHIYAN CLEANLINESS DRIVE BY NSS & SNA VOLUNTEERS

Date: -30 Sep-01 Oct 2023

Time: - 12:00-1:00 PM

Venue: - College Campus & Surrounding Area

NSS and SNA Volunteers of ACN participated in the cleanliness drive organised by the institution under the programme 'Swachhta Abhiyan' on 30 Sep-01 Oct 2023. During this drive, NSS and SNA Volunteers cleaned the campus and its surrounding streets under the guidance of SNA Advisor Mrs Priyanka (Assistant Professor) and Mrs Riya (Programme Officer) NSS. Students created awareness among public, informing them about the importance of cleanliness. The students took the initiative to clean the surroundings/vicinity. Prof. Mrs Charlotte Ranadive (Officiating Principal) encouraged the students cleanliness is most important for physical well-being and a healthy environment. She also asked the students not to litter on the roads and go for clean and green environment to nurture it for the future generations.



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**ARMY COLLEGE OF NURSING JALANDHAR CANTT
INTERNATIONAL DAY AGAINST DRUG ABUSE**

Date: - 26 June 2023

Time: - 10:00-11:00 AM

Venue: - Auditorium of MII, JRC

Audience: - ACN Students, Faculty, Serving Personnels & their Families

The Youth Red Cross Unit and Department of Mental Health nursing celebrated (International Day against Drug Abuse) in collaboration with MII, JRC (Nursing Department) for spreading awareness against drug use and its ill effects. The event was organized under the guidance of Brig Prasad R Lele (Commandant MII, JRC). The event was graced by the presence of Mrs Uma Nair, (Zonal President, Vajra AWWA). The session comprised of Lecture on "Drug Use: Prevalence and Prevention" taken by Lt Col S K Sain, CI Spl (Psychiatry) trained in de-addiction medicine, which aimed at improving awareness, psycho education and enumerating the magnitude of existing drug use, identification of early signs of drug use and the prevention and treatment among the troops and families.

Lecture was followed by a quiz related to drug abuse and an interactive session where doubts and queries were answered related to various issues and other positive measures. Lecture was followed by a role play performed by 11 students of ACN which elaborated the misery, suffering and destruction the individual, their families and the society goes through because of drug abuse and lack of knowledge. It was received and reciprocated by target audiences and was successful in spreading the message among troops and families of Vajra. 12 Students of ACN prepared captivating posters depicting various Drug Abuse issues. Dolly Kumari student of BSc (N) IVth year bagged 1st position, Bhumika 2nd position, Riya Chaudhary 3rd position. At the end all the participants and winners were awarded with prizes.



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ARMY COLLEGE OF NURSING JALANDHAR CANTT SKIT & REEL MAKING COMPETITION

Date: - 14 Sep 2023

Time: - 8:00AM - 3:00PM

Venue: - Khalsa College Jalandhar

Audience: - ACN Students

Red Ribbon Club of youth Services, Jalandhar has organized Skit & Reel making competition in Khalsa College Jalandhar on 14 Sep 2023. The students of ACN went to Khalsa College along with Mrs Riya (Programme Officer) and participated enthusiastically in the competitions as they got opportunity to showcase their talent in dramatization and their creativity on social media. The aim of organising the competition was to provide a platform to students to explore their creative side.

Our students got 1st position in skit competition and 2nd position in reel making competition. Later Prof. Mrs Charlotte Ranadive (Officiating Principal), Col H.S Phagura (Registrar ACN), and Mr Jaspal (Assistant Director) NSS Jalandhar Cantt. Congratulated all the participants, faculty, and staff members of ACN for their achievements in the competition. The competition was greatly helpful and encouraging in boosting the self- confidence of students.



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